

Step-by-Step Atopy Worksheet: A Checklist to Success

1

WHAT ARE THE INFECTIONS?

Perform 3-Slide Technique™ during the physical exam

(Slide 1: Skin Scrape; Slide 2: Ear Swab; Slide 3: Tape Prep/Impression Smear)

- Pyoderma
- Demodex
- Dermatophytosis
- Otitis (Cocci, Yeast, Pseudomonas)
- Pododermatitis (Cocci, Yeast)
- Yeast Dermatitis

2

LOOK FOR THE OBVIOUS

- Flea Allergy (lumbar dermatitis)
- Scabies (positive pinnal-pedal reflex)
- Perianal Dermatitis (food allergy)
- Foot Licking (atopic dermatitis)

3

TREAT THE IDENTIFIED INFECTIONS AND OBVIOUS DISEASE

- Antibiotics
- Antifungal
- Flea Control
- Scabicial Therapy
- Diet Change

Short-term Control: Symptomatic relief only

- Topicals (Disinfecting shampoo, Anti-itch conditioner)
- Antihistamines
- Essential Fatty Acids
- Dex Na Phos

Long-term Control: Treats the cause of atopic dermatitis

- ATOPICA® (Cyclosporine capsules, USP) MODIFIED

4

PERFORM A THOROUGH ALLERGY WORK-UP IF PATIENT IS STILL PRURITIC

- Strict Food Trial
- Allergy Testing
 - Serum
 - Skin
- Scabicial Trial
- Referral to a Veterinary Dermatologist

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THIS WORKSHEET FOR YOUR CLINIC.



Use Obvious Signs to Guide You²



A. LUMBAR DERMATITIS

- Dermatitis on the lower back is usually indicative of a Flea Allergy
- Supports positive finding of fleas/flea dirt

B. EAR RUB TEST

- Positive pinnal-pedal reflex: a reflexive rear leg itch induced by rubbing the ear tip is 80% diagnostic of scabies³
- Confirm with 3-Slide Technique™



C. PERIANAL DERMATITIS

- Usually related to Food Allergy
- Should be suspected if age of onset is less than 1 yr. or older than 5 years
- Particularly in Labradors and German breeds



D. FOOT LICKING

- 85% of the time foot-licking dogs are Atopic (pollen, house dust mite allergy)⁴
- 15% will have Food Allergy



As with all drugs, side effects may occur. In a field study, the most common side effects were gastrointestinal signs. Gingival hyperplasia and papillomas may also occur during the initial dosing phase. ATOPICA is not for use in reproducing dogs or dogs with a history of malignant neoplasia.

²Source: Keith Hnilica, DVM, MS, DACVD.

³Source: R.S. Mueller DipACVD, FACVSc, S.V. Bettenay BVSc, FACVSc, and M. Shipstone BVSc, DipACVD, FACVSc: Value of the pinnal-pedal reflex in the diagnosis of canine scabies, *The Veterinary Record*, Vol 148, Issue 20, 621-623.